

team learning  
 health friendship  
 aerobic self-discipline  
 sportsmanship commitment  
 stamina individual  
 structured muscular development  
 competition self-achievement  
 fitness effective training  
 active positive endurance energy  
 dedication physical activity  
 focus integrity  
 quality performance  
 determination movement  
 fun proper technique  
 management skills  
 perseverance  
 family  
 healthy habits  
 swimming  
 excellence  
 superior coordination  
 cardiovascular health  
 progress  
 courage  
 self-confidence  
 lifetime sport  
 success

**Gator Swim Team**



2011-12 ATHLETE REGISTRATION APPLICATION



Athlete  
Registration  
Application  
Rev.  
8/12/2011

The Gator Swim Team, a club member of *USA Swimming* and *Ozark Swimming*, is accepting new members to be part of its year-round competitive swimming program. The program is designed to accommodate swimmers of all ages and ability levels, from basic "learn to swim" lessons to advanced swimming workouts, all under the constant supervision of certified coaches with decades of accumulated experience in training and competition.

## ABOUT THE TEAM

Founded in 1957 as *Cape Swim Team* in Cape Girardeau, the Gator Swim Team has a rich past and a long history of excellence in swimming instruction and competition. We are proud to have represented Southeast Missouri in regional, national and international competitions throughout the years, offering world class coaching and great opportunities to kids in our little corner of the state. The Gators are committed to teaching young people excellence in swimming and in life by providing a comprehensive program that serves all levels of competitive swimming. The year-round competitive program is comprised of athletes in different training groups, covering a wide range of preparation and skills.

Upon joining the year-round team, swimmers become members of *USA Swimming*, the national governing body for the sport. This membership provides important medical insurance for every swimmer and allows him/her to compete in USAS-sanctioned meets.

## PRACTICE TIMES

The fall schedule will be published on the team web site once it becomes available. Typically, practices are held after school every day except Sunday. The frequency of practices varies according to age group.

Here is a tentative schedule (for planning purposes only). Check the team website for the actual practice times.

	Fall 2010 Tentative Practice Times			Attendance Goal	Monthly Fee
	Monday-Thursday	Friday	Saturday		
<b>Senior I</b> <i>Full time training for swimmers aiming at the highest levels of competition.</i>	4:00 - 6:30 pm	4:00 - 6:00 pm	7:00 - 9:00 am	<b>6 days/week</b> <i>Regular afternoon practices plus 2 morning practices/week</i>	<b>\$110</b>
<b>Senior II</b> <i>Full time training for ages 12 and older.</i>	4:00 - 6:30 pm	4:00 - 6:00 pm	7:00 - 9:00 am	<b>6 days/week</b> <i>Regular afternoon practices plus 1 morning practice/week</i>	<b>\$100</b>
<b>Age Group 1</b> <i>Competitive swimming for kids age 10 and older.</i>	4:00 - 6:00 pm	4:00 - 6:00 pm	7:00 - 9:00 am	<b>6 days/week</b>	<b>\$80</b>
<b>Age Group 2</b> <i>Basic competitive swimming for kids age 6 and over.</i>	6:00 - 7:30 pm	6:00 - 7:15 pm	7:00 - 9:00 am	<b>3-6 days/week</b>	<b>\$65</b>
<b>Age Group 3</b> <i>Basic swimming skills for kids age 4 and over.</i>	6:00 - 7:00 pm	No Practice	8:00 - 9:00 am	<b>2-3 days/week</b>	<b>\$50</b>

Consult the **Gator Swim Team Handbook** online for more information about age groups and target attendance goals.

## FEES

The monthly training fee for each age group is listed in the table above. In addition to this monthly fee, an annual non-refundable fee (currently \$53) to cover *USA Swimming* registration and insurance is due when you join. All Gator Swim Team members must be athletic members in good standing of *USA Swimming*.

Families that have more than 1 swimmer swimming for the Gator Swim Team will receive a \$10.00 deduction for the first additional swimmer in the family and \$20.00 deduction for each swimmer thereafter.

You will receive a bill on a monthly basis. If you prefer e-bills instead of paper bills, please send an email to Greg Schmidt (the team's treasurer) at [gschmidt@gatorswimteam.org](mailto:gschmidt@gatorswimteam.org) requesting to receive your bills via email. You can pay your bill by mail, by dropping a check into the Schmidt family folder at the pool, or by using your bank's online payment service.

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## FREQUENTLY ASKED QUESTIONS

Below is a compiled list of questions that new parents and swimmers frequently ask. If you can't find an answer for your question here, or if you need more details/clarification, please contact a coach or a member of the board. Also, many questions can be answered by referring to the ***Gator Swim Team Handbook*** which is available on-line. Phone numbers and email addresses are listed on the Gator web site under "Contact Info".

### ❖ **What if my swimmer is too slow? What if he or she is not "good enough"?**

All Gator swimmers train, compete and improve regardless of their initial skill and ability. The team has swimmers of all ages and ability levels, and they have a great time swimming at the best level that they can achieve. The Gator Swim Team allows swimmers to strive for goals and standards from the first-year beginner to the seasoned veteran. Each and every swimmer benefits from being part of an environment that stresses important life skills like honesty, dedication, respect, responsibility, sportsmanship, trust and pride. Each and every swimmer is accommodated at his or her ability and the team strives to live by the philosophy that there is no "bench" in swimming.

### ❖ **Does my child have to compete?**

Yes, when the coach determines he or she is ready. The team highly encourages competition. Swimming competitions (swim meets) are meant to test the swimmers and allow them to compete against others. Competition is a great way to see if they have improved technique and fitness. Plus, swimmers get a sense of "accomplishment" when they see the results of their hard work in practice. The meet schedule will be determined in advance. The coach will discuss with you which meets would be best for your swimmer.

### ❖ **Are there any other costs besides the monthly fee and the USA Swimming membership?**

Other costs exist and are mostly associated with attending meets. Meet fees are usually \$10 per swimmer plus \$3-\$4 per event swum, with some exceptions. Most swimmers will pay between \$30 and \$50 per swim meet attended, and that amount will be added to the next monthly bill. The team attends, on average, one swim meet a month. These meets usually last 3 days, starting Friday evening and ending Sunday afternoon. Parents can choose which meets to attend from a list published in advance on the team's web site. Other expenses include lodging, gas, food and similar travel-related costs.

### ❖ **What is the time commitment and other expectations from parents?**

All Gator families have fundraising and volunteer commitments. Since the Gator Swim Team is parent-owned and operated, we rely on parents to help with the various aspects of running the team. For most families, this means helping with our meets. We host two USA Swimming meets in the spring and one during the summer, plus we co-host a meet in the summer with the Saluki Swim Team in Carbondale. Also during the summer the team hosts the SMSC (summer league) championship meet. These meets are also fund raisers that help keep our cost low for all of our swimmers. There is a lot for our parents to do to help in hosting meets and the team has worked to ensure that parents with all sorts of abilities and schedules can help the team and, thus, help their swimmer. Information on family requirements, fundraisers, and volunteer activities is detailed in the handbook.

### ❖ **Is it going to conflict with other activities such as dance, soccer, and other sports?**

Many Gator swimmers take part in other activities and benefit from our flexible schedule. That said, new families learn quickly that in swimming, like other sports, practice does make perfect, so kids themselves learn to be reasonable about everything they do, making this an invaluable lesson in time management that will last a lifetime. The Gator Swim Team is just that: a swim team. As such we realize that the more time in the pool that the swimmer has the better he or she will be.

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## COMMUNICATION

The easiest way to find out what's new is to visit the **team's web site** at [www.gatorswimteam.org](http://www.gatorswimteam.org). The web site is updated frequently with practice times, meet information and results, notes from the coaches and other parents, photos, best times, records, and other useful information about swimming and the team in general. The web site also contains the contact information of Board members and coaches. Any questions you might have regarding the team's operation in general, including fee structure and the provisions of the handbook, should be directed to a member of the Board of Directors.

Another way coaches and parents communicate is via the **Gator file box**. This can be found on deck at every practice. (If you do not see it, it is usually in the 'little room' that is used for handicapped accessibility to the Central pool.) Every family has a folder, as do the coaches. Each coach has a notebook in their folder in case you need to write them a note. From time to time announcements may be dropped into your folder regarding upcoming meets, practices, etc. (these announcements will also be on the website as well). There is a folder for payments too!

Finally, announcements are also sent via email and/or SMS (cell phone text) to families who sign up for **GatorNews**. This system is used to distribute important and timely information to team members, such as last-minute practice changes and cancellations. To sign up for GatorNews, please fill out the online form available on the team website. Note: be aware that some cell phone providers/plans will charge you for receiving SMS/text messages on your phone.

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## REGISTRATION

At the end of this document, you will find two forms:

- *Gator Swim Team Athlete Registration Form*, and
- *USA Swimming Athlete Registration Application Form*

Please fill in the information required and submit both forms to Jena Mabry, the parent liaison, or send them directly to the treasurer at the address below:

**Gator Swim Team  
C/O Greg Schmidt, Treasurer  
3507 Mallard Dr.  
Cape Girardeau, MO 63701**

If you have questions, please email [info@gatorswimteam.org](mailto:info@gatorswimteam.org) or contact:

- Jena Mabry at 573-576-9593 for general questions about the registration process.
- Greg Schmidt at 573-579-1797 for questions regarding bills/payment and USA Swimming membership.
- Coach Steve Franklin at 573-986-8155 for questions regarding practice, meets, age group placement and swimming in general.

Thank you!

The Gator Swim Team



# ATHLETE REGISTRATION FORM

2011/12

Athlete's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_ DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name of Parent(s) or Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Home Phone #: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone #: (\_\_\_\_\_) \_\_\_\_\_  Send me GatorNews notifications via text/SMS

E-mail Address: \_\_\_\_\_ @ \_\_\_\_\_  Send me GatorNews notifications via email

Does your child/ward have health insurance?  Yes  No Medications or health conditions?  Yes  No If yes, please explain on back of this form

The undersigned parent(s) or guardian(s), hereby give my child(ren)/ward(s) permission to participate as a member of the GATOR SWIM TEAM. I have received a copy of the Team Handbook and/or know that it is readily available to me online and agree to abide by its terms can conditions. The undersigned parent or guardian assumes all risks and hazards incidental to such participation as a member of the GATOR SWIM TEAM in all swimming activities including but not limited to: practice participation; meet participation; team activities; and, transportation to and from such events or activities. In consideration of the GATOR SWIM TEAM and person(s) associated with it providing my child/ward with an opportunity to swim and dive on the team I/we do hereby waive, release, absolve, indemnify and agree to hold harmless the GATOR SWIM TEAM, its sponsors, persons supplying pools for the use of participates either for practice or for swim meets, for and from any claims whatsoever arising out of injury to my/our child/ward, whether caused by negligence of said persons or organizations released or otherwise. For the consideration recited above, the undersigned person(s) agree that they shall not file suit for any said injury and if such suit should be filed, that they, the undersigned will indemnify the said GATOR SWIM TEAM, all persons and organizations released and held harmless above against all liability, or damage resulting from said suit. I/we, also, understand that it is sometimes necessary to have emergency medical attention provided to my child(ren)/ward(s). If so, I give permission for this to be obtained if the parent/guardian cannot be immediately contacted. Such action is in conformity with the provisions of HIPPA (federal statutory provisions regarding health and privacy information) as effective on the date of execution of this document and as may be amended hereafter. My child/ward has no physical disability that would make swimming dangerous to him/her. Should I have a reasonable belief to indicate that my child/war has such disability I will advise Coach Steve Franklin in writing.

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_



## USA SWIMMING

## 2012 ATHLETE REGISTRATION APPLICATION LSC: OZARK SWIMMING

REG. DATE / OFFICE USE ONLY

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PLEASE PRINT LEGIBLY • COMPLETE ALL INFORMATION:

LAST NAME	LEGAL FIRST NAME	MIDDLE NAME

PREFERRED NAME	DATE OF BIRTH (MO./DAY/YR.)	SEX (M/F)	AGE	CLUB CODE	NAME OF CLUB YOU REPRESENT
				GATOR	GATOR SWIM TEAM

FATHER/GUARDIAN LAST NAME	FATHER/GUARDIAN FIRST NAME	MOTHER/GUARDIAN LAST NAME	MOTHER/GUARDIAN FIRST NAME

MAILING ADDRESS

CITY	STATE	ZIP CODE

AREA CODE	TELEPHONE NO.	FAMILY/HOUSEHOLD E-MAIL ADDRESS

U.S. CITIZEN:  YES  NO

ARE YOU A MEMBER OF ANOTHER FINA FEDERATION?  YES  NO

IF YES, WHICH FEDERATION: \_\_\_\_\_

HAVE YOU REPRESENTED THAT FEDERATION AT INTERNATIONAL COMPETITION?  YES  NO

- DISABILITY:**
- A. Legally Blind or Visually Impaired
  - B. Deaf or Hard of Hearing
  - C. Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment
  - D. Cognitive Disability such as severe learning disorder, autism

- RACE AND ETHNICITY** (You may make up to two choices if appropriate):
- Q. Black or African American
  - R. Asian
  - S. White
  - T. Hispanic or Latino
  - U. American Indian & Alaska Native
  - V. Some Other Race
  - W. Native Hawaiian & Other Pacific Islander

**MAKE CHECK PAYABLE TO:**

**Gator Swim Team**

**MAIL APPLICATION & PAYMENT TO:**

**Gator Swim Team  
C/O Greg Schmidt, Treasurer  
3507 Mallard Dr.  
Cape Girardeau, MO 63701**

REGISTRATION FEE	
USA Swimming Fee	\$48.00
LSC Fee	5.00
<b>TOTAL DUE</b>	<b>\$53.00</b>

YEAR LAST REGISTERED: \_\_\_\_\_. IF YOU REGISTERED WITH A DIFFERENT USA SWIMMING CLUB IN 2011, ENTER THAT CLUB CODE: \_\_\_\_\_ LSC CODE: \_\_\_\_\_ AND THE DATE OF YOUR LAST COMPETITION REPRESENTING THAT CLUB: \_\_\_\_\_

HIGH SCHOOL STUDENTS - Year of high school graduation: \_\_\_\_\_

SIGN HERE x \_\_\_\_\_  
SIGNATURE OF ATHLETE, PARENT OR GUARDIAN

USA Swimming occasionally makes its membership list available to its marketing partners. Please notify USA Swimming's Member Services Dept. at 719/866-4578 if you do not wish to receive these mailings.

- Check if you would like to learn more about the USA Swimming Foundation's initiatives
- Check if you would like to receive the electronic USA Swimming Newsletter (must be 13 years of age or older)