

Ozark Division II Championships

February 11 – 12, 2012

Hosted By: Flyers Aquatic Swim Team (FAST) & Rockwood Swim Club (RSCA)

Sanction: Held Under USA Swimming/Ozark Swimming Sanction # TBA

Officials: Meet Referees: Bruce Dreyer (FAST) (314) 221-3802
Ernie Paskoff (RSCA) (706) 495-1076

Meet Directors: Angie Dorsey (FAST) (314) 852-5216
Monica Wilmsen (RSCA) (314) 402-5329

Safety Marshals: Daniel Wessell (FAST)
Paul Gilbride (RSCA)

Entry Coordinator: Beth Paskoff (RSCA) (636) 891-6635
paskoffbeth@rockwood.k12.mo.us

Locations:

Lafayette High School

*Saturday/Sunday Prelims for 11-12 & Open age groups

17050 Clayton Road, Wildwood, MO 63011 (Located at the corner of Hwy 109 & Clayton Road in Wildwood)

Lindbergh High School

*Saturday/Sunday Prelims for 10 & under & 13-14 age groups

Saturday/Sunday Finals for all age groups

5000 South Lindbergh Blvd., St. Louis, MO 63126

Facilities: Lindbergh: 10-lane, 25 yard pool, equipped with a fully automated timing system and a 10-lane scoreboard. There is an elevated seating area provided for 600 spectators. Gym 2 is located in the same building and will provide a staging area for swimmers and spectators to relax between events.

Lafayette: 8-lane, 25 yard pool, equipped with Paragon starting blocks, Kiefer McNeil nonturbulent lane markers and a Colorado Timing System. A crash area and elevated seating area for spectators are on the second floor of the pool building.

Bullpen: A bullpen will be provided at all sessions in the crash areas.

Schedule:

Saturday & Sunday Prelims Saturday & Sunday Finals

First Warm-Up	7:00 – 7:30 am	4:45 – 5:15 pm
Second Warm-Up	7:30 – 8:00 am	5:15 – 5:45 pm
Meet Starts	8:15 am	6:00 pm

****All Saturday and Sunday finals events will be held at Lindbergh High School.****

Meet Format and Procedures

Format: This is a Preliminary & Final Championship Meet. 10 & under, 11-12, 13-14, and Open events will include an “A” (championship) final and a “B” (consolation) final for the Top 16 swimmers from the morning’s preliminary heats in all events except the 400 IM, 500 free, 1000 free, and all relays events which will be swum as timed finals. Swimmers in the 500 free and 1000 free are responsible for providing a counter.

During Finals, the “B” heat will be swum prior to the “A” final. All “B” finalists and alternates are to report immediately to the corner of the pool deck behind the Starter when the “A” heat of the event prior to theirs is paraded to the blocks. The “B”(consolation) finalists will have their names announced during their event.

There will be a “ready room” and parade of finalists for the “A” final of each event. All “A” finalists will be asked to report immediately to the “ready room” during the announcement of the “A” final of the event prior to their event. “A” finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks.

All finalists of the “B” and “A” heats will be asked to check in with the ready room at least 2 events before their race.

Meet Safety/Facility Rules:

In accordance with the recommendations of USA swimming and the Ozark LSC, Flyers Aquatic Swim Team and Rockwood Swim Club will operate this meet under the guidance of a Marshal. Per Ozark Swimming Policy, use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Lindbergh High School does not permit food or drink in the pool area. Smoking is not permitted anywhere inside the pool building or any other building on campus. Only coaches, athletes, and meet workers will be allowed on the pool deck during the meet.

USA Swimming Swimsuit Legislation:

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules.

The criteria for allowable swimsuits at USA Swimming competitions, under Rule 102.9, are as follows:

1. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee;
2. No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer; and

3. Suits must be of textile material and must not be made of any rubberized type of material such as polyurethane or neoprene.

Scoring:

The 10 & under, 11-12, and 13-14 age groups will be the only groups that are scored for high point winners and team awards. The Open age group will NOT be scored and will not receive awards.

Scoring will only be to 16 places as follows:

Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

AWARDS only for 10 & Under, 11-12 and 13-14

Individual events: Medals for 1st through 8th; Ribbons for 9th through 16th

Relay events: Medals for 1st through 3rd; Ribbons for 4th through 8th

Individual High Point Trophies:

The Top 3 swimmers scoring the highest number of individual points in the 10 & under, 11-12, and 13-14 age groups & genders will be awarded a high point trophy.

Team Awards:

Trophies will be presented to 1st, 2nd, 3rd place teams.

General Conduct:

Seeding and Swimmer Check-in:

The Saturday Open 400 Individual Medley and 500 Freestyle, and Sunday 1000 Freestyle will be deck seeded. All coaches will be required to check-in their swimmers by turning in their athlete check-in sheets 30 minutes prior to the session start time. Failure to Check-in will be considered a scratch.

Check-in sheets will be provided in the coach's packets.

All remaining events during prelims will be pre-seeded. Heat sheets will be posted on the pool deck and available for sale in the spectator area.

Scratches:

1. Any swimmers NOT reporting for or competing in a preliminary heat or timed final event shall not be penalized.

2. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

There will be no penalty for failure to compete in finals if:

A. The referee is notified in the event of illness or injury and accepts proof thereof.

B. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a "declaring an intent to

scratch.”

C. The swimmer “scratches” his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer in order to “scratch” an event.

D. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Warm-up Procedures:

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending the meet without a USA-S registered coach must report to the meet referee prior to warming up. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

Entry Procedures

Eligibility: All swimmers must be registered for the 2012-year with USA Swimming. “Applied For” will not be accepted. Registration numbers must accompany entries. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees. If a non-registered athlete does swim, a \$100.00 fee will be imposed.

Athletes attending the meet unaccompanied by a USA Swimming coach must report to the meet referee or meet director prior to warming up for each session. The athlete will be assigned to a coach on deck for each session of the meet they are entered in.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this request

Entry Limit:

Swimmers may enter a maximum of 6 individual events for the entire meet and can enter no more than 3 individual events per day. Deck entries will not be accepted. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on the day the over-entry occurs.

The 11-12 500 Free, 13-14 500 Free, the Open 500 Free, 11-12 400 IM, 13-14 400 IM, the Open 400 IM, the 13-14 1000 Free, and the Open 1000 Free will be limited to the top 24 swimmers per event (24 girls, 24 boys).

Refunds for limited events will only be issued by host clubs following the meet. The refund only applies to swimmers who are not permitted to compete in the event due to the event limits. Swimmers who are scratched or fail to check-in will not have entry fees refunded.

Qualifying Times:

Open – There are no qualifying times for this age group AND no swimmers may have already achieved CSRVII Spring Sectional times. This age group will NOT be scored.

10 & under, 11-12, 13-14 age groups: Entry times must be BB or slower.

Proof of Times:

All entry times will be checked with the SWIMS database and any swimmer entered in an event where he/she has achieved a faster time than the BB time standard will be removed from that event and will forfeit his/her entry fees.

Entry Fees:

Individual events = \$4.00

Relay events = \$8.00

Swimmer Surcharge = \$ 7.00

All checks should be made payable to Rockwood Swim Club (RSCA).

No Refunds will be issued except in the case of a limited event as described in the Entry Limits section.

Submitting:

Email entries (SDIF format) are preferred for this meet and must be received **by 5:00 pm, Tuesday, January 31, 2012, to rscameetentry@gmail.com**. You will receive an email verifying receipt of your entry. If verification is not received, please contact Beth Paskoff at paskoffbeth@rockwood.k12.mo.us. No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Check and release form must be received by Monday, February 6, 2012. Times must be submitted in short course yards.

****Entries must be received by 5:00 pm on Tuesday, January 31, 2012.****

No deck entries will be accepted.

All entries must be mailed to:

Beth Paskoff, Meet Entry Chair

c/o Rockwood Swim Club

17165 Lafayette Trails Court

Wildwood, MO 63038

paskoffbeth@rockwood.k12.mo.us

Pre-Meet Information & Meet Results: Once the entry deadline has passed, a psych sheet will be posted on the FAST website (www.fastswimming.com). A technical bulletin will be emailed to all participating clubs prior to the meet which will include estimated timelines, warm-up assignments and any other pertinent meet information.

Meet Results will be posted at the meet throughout each session. All meet results will be posted online at the Rockwood team website (www.rockwoodswim.org) throughout the competition. The official final results will be posted on the Ozark Swimming website (www.ozarkswimming.org) following the meet.

Additional Notes to Coaches and Athletes:

- At Lindbergh, we plan to run 8 lanes for all sessions but we reserve the right to run 10 lanes if estimated timelines require us to do so to remain within appropriate session timelines.
- A 5 minute break may be inserted during the 1000 Freestyle heats at the discretion of the meet referee.
- Swimmers entered in the 500 Freestyle and 1000 Freestyle events must provide a lap counter.
- The 500 Freestyle, 1000 Freestyle, and the 400 Individual Medley will be swum fastest to slowest alternating female and male heats.

Vendor

B&B Aquatics will be at the meet at both locations for the duration of the meet.

Concessions will be available at both pool locations.

Entry summary and release form

This form is part of your entry and must be signed and returned for your entry to be accepted.

Entry deadline – Tuesday, January 31, 2012 @ 5:00pm

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____ Phone: _____

Entry contact: _____ Phone: _____

E-mail: _____

Number of Coaches attending: _____

ENTRY SUMMARY

Number of swimmers entered _____ x \$7.00 = _____

Number of individual entries: _____ x \$4.00 = _____

Number of relay entries: _____ x \$8.00 = _____

Total amount enclosed: = _____

MAKE YOUR CHECK PAYABLE TO: RSCA

MAIL TO:

Beth Paskoff, Meet Entry Chair

c/o Rockwood Swim Club

17165 Lafayette Trails Court

Wildwood, MO 63038

RELEASE

Flyers Aquatic Swim Team, Rockwood Swim Club, Lindbergh High School, Lafayette High School, USA Swimming, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet. I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: _____ Title: _____ Date: _____

Event Schedule

Saturday, February 11, 2012 (Prelims)
10 & Under, 13-14 @ Lindbergh

Women's Event #	Event Description	Men's Event #
1**	10&under 200 Medley Relay	2**
5**	13-14 200 Medley Relay	6**
9	10&under 100 Free	10
13	13-14 100 Free	14
17	10&under 100 Breast	18
21	13-14 200 Breast	22
25	10&under 50 Fly	26
29	13-14 100 Fly	30
33	10&under 100 Back	34
37	13-14 200 Back	38
41	10&under 100 IM	42
45**	13-14 400 IM (TOP 24)	46**
51**	13-14 500 Free (TOP 24)	52**

Saturday, February 12, 2012 (Prelims)
*11-12, Open @ Lafayette

Women's Event #	Event Description	Men's Event #
3**	11-12 200 Medley Relay	4**
7**	Open 200 Medley Relay	8**
11	11-12 100 Free	12
15	Open 100 Free	16
19	11-12 100 Breast	20
23	Open 200 Breast	24
27	11-12 50 Fly	28
31	Open 100 Fly	32
35	11-12 100 Back	36
39	Open 200 Back	40
43	11-12 100 IM	44
47**	Open 400 IM (TOP 24)	48**
49**	11-12 500 Free (TOP 24)	50**
53**	Open 500 Free (TOP 24)	54**

**Timed Finals Events

Saturday, February 11, 2012 (Finals)

*10 & Under, 11-12, 13-14, Open @ Lindbergh

Women's Event #	Event Description	Men's Event #
9	10&under 100 Free	10
11	11-12 100 Free	12
13	13-14 100 Free	14
15	Open 100 Free	16
17	10&under 100 Breast	18
19	11-12 100 Breast	20
21	13-14 200 Breast	22
23	Open 200 Breast	24
25	10&under 50 Fly	26
27	11-12 50 Fly	28
29	13-14 100 Fly	30
31	Open 100 Fly	32
33	10&under 100 Back	34
35	11-12 100 Back	36
37	13-14 200 Back	38
39	Open 200 Back	40
41	10&under 100 IM	42
43	11-12 100 IM	44

Sunday, February 12, 2012 (Prelims)

*10 & Under, 13-14 @ Lindbergh

Women's Event #	Event Description	Men's Event #
55**	10&under 200 Free Relay	56**
59**	13-14 200 Free Relay	60**
63	10&under 200 Free	64
67	13-14 200 Free	68
71	10&under 50 Back	72
75	13-14 100 Back	76
79	10&under 100 Fly	80
83	13-14 200 Fly	84
87	10&under 50 Free	88
91	13-14 50 Free	92
95	10&under 50 Breast	96
99	13-14 100 Breast	100
103**	10&under 200 IM	104**
107**	13-14 200 IM	108**
111**	13-14 1000 Free (Top 24)	112**

Sunday, February 12, 2012 (Prelims)

*11-12, Open @ Lafayette

Women's Event #	Event Description	Men's Event #
57**	11-12 200 Free Relay	58**
61**	Open 200 Free Relay	62**
65	11-12 200 Free	66
69	Open 200 Free	70
73	11-12 50 Back	74
77	Open 100 Back	78
81	11-12 100 Fly	82
85	Open 200 Fly	86
89	11-12 50 Free	90
93	Open 50 Free	94
97	11-12 50 Breast	98
101	Open 100 Breast	102
105**	11-12 200 IM	106**
109**	Open 200 IM	110**
113**	Open 1000 Free (Top 24)	114**

**Timed Finals Events

Sunday, February 12, 2012 (Finals)

*10 & Under, 11-12, 13-14, Open @ Lindbergh

Women's Event #	Event Description	Men's Event #
63	10&under 200 Free	64
65	11-12 200 Free	66
67	13-14 200 Free	68
69	Open 200 Free	70
71	10&under 50 Back	72
73	11-12 50 Back	74
75	13-14 100 Back	76
77	Open 100 Back	78
79	10&under 100 Fly	80
81	11-12 100 Fly	82
83	13-14 100 Fly	84
85	Open 200 Fly	86
87	10&under 50 Free	88
89	11-12 50 Free	90
91	13-14 50 Free	92
93	Open 50 Free	94
95	10&U 50 Breast	96
97	11-12 50 Breast	98
99	13-14 100 Breast	100
101	Open 100 Breast	102