

# PADUCAH FALL SWIMFEST 2011

## SEPTEMBER 16-18

**HOST TEAM:** Paducah Swim Team

**SANCTION:** Held under the sanction of USA Swimming. Sanction # KY

**MEET DIRECTOR:** Kim Oatman  
(270)293-8824  
[iam4ukcats@comcast.net](mailto:iam4ukcats@comcast.net)

**ENTRY CHAIR:** Greg Williams  
[coachgreg@gmail.com](mailto:coachgreg@gmail.com)

**MEET LOCATION:** Paducah Athletic Club  
115 Lebanon Church Road  
Paducah, KY 42003

**FACILITIES:** 25 yard, 8 lane pool with non-turbulent lane markers, Daktronics Time system with display, "Meet Manager" for seeding, scoring, etc.

**SCHEDULE:**

September 16	<b>FRIDAY EVENING SESSION</b> Warm-ups: 4:30 P.M. Meet Begins: 5:30 P.M.
September 17	<b>SATURDAY MORNING SESSION</b> Warm-ups: 7:00 A.M. Meet Begins: 8:00 A.M.
September 17	<b>SATURDAY AFTERNOON SESSION</b> Warm-ups: Immediately after A.M. Session Meet Begins: One Hour after A.M. Session (Not before noon)
September 18	<b>SUNDAY MORNING SESSION</b> Warm-ups: 7:00 A.M. Meet Begins: 8:00 A.M.
September 18	<b>SUNDAY AFTERNOON SESSION</b> Warm-ups: Immediately after A.M. Session Meet Begins: One Hour after A.M. Session (Not before noon)

**COACHES:** Please check your meet packet for your lane assignments and times. It is extremely **IMPORTANT** for you to adhere to this schedule, as warm-up times are very limited.

There will be a coach's' meeting 15 minutes prior to the start of each day's swimming competition. There will be an official's meeting 45 minutes prior to the start of each swimming session.

**ELIGIBILITY:** All swimmers must be current USA Swimming registered athletes. Age of swimmer on September 16 will determine age for this meet. A roster of USA Swimming registration numbers must accompany entries. Coaches must show USA Swimming certification in order to receive their coach's packet, and must wear credentials during the meet.

**MEET FORMAT:** All events are timed finals. All events will be pre-seeded. Swimmers may enter no more than **four (4)** events per day exclusive of relays. 6-lanes will be used for competition and 1-lane will be used for cool-down during the meet.

**WARM-UP PROCEDURES:**

Please enter the pool at the main starting end only. Feet first entries only. **circle swimming, right to left only**. Coaches should be near the starting end of the pool when swimmers begin sprint or pace work. Coaches should maintain as much contact with their swimmers as possible, both visual and verbal, throughout the warm-up period. Responsibility of swimmers and coaches is the same at the meet as when on deck at practice.

**STARTS:** Starts for 25-yard events will be at the turn end of the pool off the deck surface (not the gutter). Fly-over starts will be used for all forward start events except 25-yard events and backstroke events.

**RELAY INFO:** Each team is responsible for delivering their complete relay information to the computer table at least 30 minutes prior to the beginning of each session. At this time, the relay information must clearly indicate, in the appropriate order, the four swimmers who will compete for each relay event.

**CLERK OF COURSE:**

There will be a clerk of course for all 8 & Under **individual** events\*. Those heats will be lined up and individually processed to the starting blocks. All other swimmers will be responsible to report to their assigned lane.

\*8 & Under **Relay teams** should not report to Clerk of Course, Coaches will be responsible for **All Relay** teams reporting to the assigned lane.

**OFFICIALS:**

Meet Director: Kim Oatman  
Entry Chairperson: Greg Williams & Susan Oatman  
Officials Chairperson: Kim Oatman  
Referee: Kim Oatman  
Starter: Christina Pitt

Teams are requested to contact the Officials Chairperson prior to the Meet if they have officials who are willing to work the meet. ALL teams are expected to provide Timers and will be assigned lanes.

**PARENTS:** Spectator space is limited in the pool area. We recommend bringing chairs and/or blankets. A camp-out area for the swimmers will be provided.

**PARKING** Parking is available in the gravel lot on the north and west side of the building. Overflow parking is available in the Community Christian School lot. Parking in front of the Paducah Athletic Club is reserved for members only.

**EXTRAS:** A hospitality room for breakfast and lunch will be provided for **coaches and meet officials** on Saturday and Sunday. Concessions will be available poolside. Swim gear will be available for sale. Meet programs will be available for purchase. We are planning on offering a silent auction as well as a raffle.

**LIABILITY:** U.S.A. Swimming and Paducah Swim Team shall be free of any liabilities or claims for damages arising by reason of injuries to spectators, contestants, or other individuals present during the conduct of this meet.

## SWIMMER'S CONDUCT:

Swimmers are expected to maintain appropriate conduct at all times. The Meet Director, Safety Director, and/or Meet Marshals will exclude any swimmer from the meet for unsafe, disruptive, or inappropriate behavior. Swimmers and coaches must at all times obey meet officials. A swimmer, coach, and/or team may be removed from the deck for not abiding by the safety guidelines or meet officials.

## AWARDS:

Individual Events:

Ribbons will be awarded to first through sixth place in each age group, scoring 7-5-4-3-2-1. **6 & under will not** be scored separately, but will be included in the 8 & under scoring. 8&U will be scored separate when included in 10&U events. Heat winner awards will be given.

Relay Events: Ribbons first through sixth, scoring 14-10-8-6-4-2.

High Point Awards will be given in each age group as well as awards to High Point teams.

**ENTRY FEES:** Individual Events: \$4.00 per event  
Relay Events: \$8.00 per event

**DECK ENTRIES WILL BE PERMITTED UPON APPROVAL OF THE MEET REFEREE.**

U.S.A. Swimming Surcharge: \$1.50 per swimmer  
Facility surcharge: \$ 6.00 per swimmer

**PAYMENTS MUST ACCOMPANY ENTRY FORMS**

Entries may be e-mailed (preferred) however, entries will only be confirmed when the signed waiver and payment are received.

## ENTRIES:

Entries will be accepted on a first come basis, but **must** be received by September 7, 2011. The meet will be limited to 300 swimmers plus the host team. Entries should include swimmers' names, U.S.A. Swimming numbers, entries, times, waiver sheet, and payment. Times should be submitted in YARD times. If a swimmer does not have a seed time available, coaches should submit an estimated time. (All entries should have a seed time submitted.) Entries may be e-mailed or submitted on a 3.5 inch diskette utilizing Hy-Tek Team Manager. **INCLUDE A PRINTOUT OF ENTRIES.**

**SEND ENTRIES TO:** E-mail: Greg Williams <coachgreg@gmail.com>

Or: Paducah Swim Team  
Attn: Swimfest Meet Director  
115 Lebanon Church Road  
Paducah, KY 42003

**Direct inquiries regarding team entries to Greg Williams 270-816-3300.**

**FALL SWIMFEST 2011 ORDER OF EVENTS**

**Order of Events**

**Friday Evening – Session 1**

**Warm-up: 4:30pm    Meet: 5:30pm**

**Girls**

**Events**

**Boys**

<b>1</b>	<b>11-12 500 Free</b>	<b>2</b>
<b>3</b>	<b>13-14 500 Free</b>	<b>4</b>
<b>5</b>	<b>Open 500 Free</b>	<b>6</b>

**Saturday Morning – Session 2**

**Warm-up: 7:00 am    Meet: 8:00 am**

<b>7</b>	<b>11-12 200 Free</b>	<b>8</b>
<b>9</b>	<b>13-14 200 Free</b>	<b>10</b>
<b>11</b>	<b>Open 200 Free</b>	<b>12</b>
<b>13</b>	<b>11-12 50 Back</b>	<b>14</b>
<b>15</b>	<b>13-14 100 Back</b>	<b>16</b>
<b>17</b>	<b>Open 100 Back</b>	<b>18</b>
<b>19</b>	<b>11-12 100 Breast</b>	<b>20</b>
<b>21</b>	<b>13-14 200 Breast</b>	<b>22</b>
<b>23</b>	<b>Open 200 Breast</b>	<b>24</b>
<b>25</b>	<b>11-12 50 Fly</b>	<b>26</b>
<b>27</b>	<b>13-14 100 Fly</b>	<b>28</b>
<b>29</b>	<b>Open 100 Fly</b>	<b>30</b>
<b>31</b>	<b>11-12 200 IM</b>	<b>32</b>
<b>33</b>	<b>13-14 200 IM</b>	<b>34</b>
<b>35</b>	<b>Open 200 IM</b>	<b>36</b>
<b>37</b>	<b>11-12 200 Med. Relay</b>	<b>38</b>
<b>39</b>	<b>13-14 200 Med. Relay</b>	<b>40</b>
<b>41</b>	<b>Open 200 Med. Relay</b>	<b>42</b>

**Saturday Afternoon – Session 3**

Warm-up: not before 12:00 pm    Meet: 1:00 pm

<b>43</b>	<b>8&amp;U 25 Free</b>	<b>44</b>
<b>45</b>	<b>9-10 100 Free</b>	<b>46</b>
<b>47</b>	<b>8&amp;U 50 Back</b>	<b>48</b>
<b>49</b>	<b>9-10 50 Back</b>	<b>50</b>
<b>51</b>	<b>8&amp;U 25 Breast</b>	<b>52</b>
<b>53</b>	<b>9-10 100 Breast</b>	<b>54</b>
<b>55</b>	<b>8&amp;U 50 Fly</b>	<b>56</b>
<b>57</b>	<b>9-10 50 Fly</b>	<b>58</b>
<b>59</b>	<b>8&amp;U 100 IM</b>	<b>60</b>
<b>61</b>	<b>9-10 200 IM</b>	<b>62</b>
<b>63</b>	<b>8&amp;U 100 Med. Relay</b>	<b>64</b>
<b>65</b>	<b>9-10 200 Med. Relay</b>	<b>66</b>

**Sunday Morning – Session 4**

Warm-up: 7:00 am    Meet: 8:00 am

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
<b>67</b>	<b>11-12 100 Free</b>	<b>68</b>
<b>69</b>	<b>13-14 100 Free</b>	<b>70</b>
<b>71</b>	<b>Open 100 Free</b>	<b>72</b>
<b>73</b>	<b>11-12 100 Back</b>	<b>74</b>
<b>75</b>	<b>13-14 200 Back</b>	<b>76</b>
<b>77</b>	<b>Open 200 Back</b>	<b>78</b>
<b>79</b>	<b>11-12 50 Breast</b>	<b>80</b>
<b>81</b>	<b>13-14 100 Breast</b>	<b>82</b>
<b>83</b>	<b>Open 100 Breast</b>	<b>84</b>
<b>85</b>	<b>11-12 100 Fly</b>	<b>86</b>
<b>87</b>	<b>13-14 200 Fly</b>	<b>88</b>
<b>89</b>	<b>Open 200 Fly</b>	<b>90</b>
<b>91</b>	<b>11-12 50 Free</b>	<b>92</b>
<b>93</b>	<b>13-14 50 Free</b>	<b>94</b>
<b>95</b>	<b>Open 50 Free</b>	<b>96</b>
<b>97</b>	<b>11-12 200 Free Relay</b>	<b>98</b>
<b>99</b>	<b>13-14 200 Free Relay</b>	<b>100</b>
<b>101</b>	<b>Open 200 Free Relay</b>	<b>102</b>

**Sunday Afternoon – Session 5**

**Warm-up: not before 12:00 pm    Meet: not before 1:00 pm**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
<b>103</b>	<b>8&amp;U 50 Free</b>	<b>104</b>
<b>105</b>	<b>9-10 50 Free</b>	<b>106</b>
<b>107</b>	<b>8&amp;U 25 Back</b>	<b>108</b>
<b>109</b>	<b>9-10 100 Back</b>	<b>110</b>
<b>111</b>	<b>8&amp;U 50 Breast</b>	<b>112</b>
<b>113</b>	<b>9-10 50 Breast</b>	<b>114</b>
<b>115</b>	<b>8&amp;U 25 Fly</b>	<b>116</b>
<b>117</b>	<b>9-10 100 Fly</b>	<b>118</b>
<b>119</b>	<b>8&amp;U 100 Free</b>	<b>120</b>
<b>121</b>	<b>9-10 200 Free</b>	<b>122</b>
<b>123</b>	<b>8&amp;U 100 Free Relay</b>	<b>124</b>
<b>125</b>	<b>9-10 200 Free Relay</b>	<b>126</b>

**LIST OF MOTELS:**

**Drury Inn  
I-24 & US 60  
Paducah  
270-443-3313**

**Holiday Inn Express  
3994 Hinkleville Road  
Paducah  
270-442-8874**

**Candlewood Suites  
3940 Coleman Crossing Circle  
Paducah  
270-442-3969**