

**PARKWAY SWIM CLUB BOOSTERS
PRESENT THE
Tri-Dual (Heat, Gator, Pkwy)
October 25th and 26th**

HELD UNDER USA SWIMMING INC., AND OZARK SWIMMING, INC. SANCTION #5136

LOCATION:

**PARKWAY NORTH HIGH SCHOOL
12860 Fee Fee Road, Creve Couer, 63146**

FACILITY: 25 Yard, 6 lane indoor pool with Paragon Starting Blocks and Competitor non-turbulent lane lines. 13' to 4.0' depth. Colorado timing system.

WARM UPS:

SATURDAY, OCTOBER 25th	
9:00 – 10:00 AM	General Warm-up
10:00 – 10:10 AM	Sprints All Lanes
10:20 AM	Meet Start
SUNDAY, OCTOBER 26th	
9:00 – 9:45 AM	General Warm-up for 500 Free
TBD	Warm-up Break for the 400 IM and 1000 will be determined after entries are seeded.
TBD	
10:00 AM	500 Free Starts
<i>There are no afternoon sessions.</i>	

WARM UP PROCEDURE:

Warm up lanes and sessions will be assigned. Warm up procedure will be defined by Ozark LSC safety regulations. A swimmer attending the meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she has entered. The meet referee, or his/her designee, shall instruct the swimmers in the safety rules for the meet.

ELIGIBILITY:

Open to all currently registered USA swimmers. "Applied for" will not be accepted. *Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and entry fees will NOT be refunded.* Swimmer's age on the first day of the meet determines age for the entire meet. All technical and administrative rules of USA Swimming will apply.

Failure to provide the required proof will result in the team not being entered in the meet. Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet (and/or the team) is subject to a \$100 fine per swim.

ENTRIES:

Entries must be submitted via e-mail. Each swimmer is limited to 3 events on Saturday and 2 events on Sunday. 'No Time' (NT) entries are accepted. Please enter using yard times only. Conversions from either SCM or LCM swims will NOT be accepted. E-mailed entries will be assigned priority based on the arrival time of the e-mail. All information pertaining to the meet will be posted on the Parkway Swim Club website at www.pkwy.org.

**E-mail entries will be accepted at: meetentries@pkwy.org.
Contact Nick Rudich, Meet Director with entry questions.**

MAIL ENTRIES AND FEES PAYABLE TO PARKWAY SWIM CLUB BOOSTERS:

ENTRY CHAIRMAN
PARKWAY SWIM CLUB
12657 FEE FEE ROAD
ST. LOUIS, MO 63146
314-415-7010

DEADLINE:

The deadline for entry is October 16, 2008. The meet will be limited to 120 swimmers for Saturday and 45 swimmers for Sunday. If time permits more entries may be allowed at the discretion of the meet secretary.

FEES:

\$2.00 each event plus a \$2.00 Ozark Surcharge per Swimmer

CONDUCT:

The gym is not available for this meet. The Meet Director or his/her delegate shall have final authority to determine disruptive conduct. Any swimmer found by the Meet Director or his/her delegate to be participating in disruptive conduct will be barred from further participation in the meet and asked to leave the venue.

SEEDING & CHECK-IN

The meet will be pre-seeded. Sunday's distance events will be swum fastest to slowest alternating girls and boys. There will be no bullpen for this meet. All swimmers are to remain in the pool seating area during the meet. The gym is not for use by swim meet participants.

AWARDS

There will be no awards presented for this meet.

OFFICIALS:

PKWY MEET DIRECTOR: Nick Rudich e-mail: nrudich@pkwy.org
MEET REFEREE: Karen Smiley : karensmiley@sbcglobal.net
All available officials are asked to contact the meet referee
MEET SAFETY MARSHALL: Peter Pfiefer

ALL OFFICIALS WILL BE OZARK/USA SWIMMING CERTIFIED.

RULES & SAFETY:

The 2008 USA Swimming / Ozark official rules shall govern the meet. **Possessing a still or video camera or a cell phone is absolutely prohibited in all dressing areas, locker rooms, bathrooms or any other location where swimmers may be dressing.** Any person so found possessing such devices in these areas will immediately be removed from the meet with all fees forfeited, and subject to further LSC and/or USA Swimming sanctions and penalties.

CONCESSIONS:

Concessions will not be available.

**2009 PKWY, GATOR, & HEAT Invitational
Saturday, October 25th**

ORDER OF EVENTS

(Swimmer's are limited to 3 events for the day)

Girl's Event #	Event Description	Boy's Event #
1	10 & Under 25 Free	2
3	12 & Under 50 Free	4
5	Open 100 Free	6
7	12 & Under 50 Breast	8
9	10 & Under 25 Breast	10
11	Open 100 Breast	12
13	12 & Under 50 Back	14
15	10 & Under 25 Back	16
17	Open 100 Back	18
19	12 & Under 50 Fly	20
21	10 & Under 25 Fly	22
23	Open 100 Fly	24
25	12 & Under 100 IM	26
27	Open 200 IM	28

**2009 PKWY, GATOR, & HEAT Invitational
Sunday, October 26th**

ORDER OF EVENTS

(Swimmer's are limited to 2 events for the day)

Girl's Event #	Event Description	Boy's Event #
29	Open 500 Free	30
Warm-up Break		
31	Open 400 IM	32
Warm-up Break		
33	Open 1000 Free	34

Swimmers must provide their own counter and timer for the event.